

NASHA MUKT BHARATH ABHIYAAN

Date of Conduction of Program: 24/06/2024

Venue: K.S.Institute of Technology, Raghuvanahalli, Bangalore

Organized by: NSS KSIT in collaboration with BRAHMAKUMARI ASHRAM

Duration: 10:30am-12.30pm

Participants: Sister Brahmakumari Megha Deepa, NSS PO and CSE Students.

Incharge Faculty: Mr. Naveen V, NSS Program Officer, KSIT.

SCOPE OF THE PROGRAM

NSS KSIT in collaboration with BRAHMAKUMARI ASHRAM conducted a program which is aimed at Drug addiction free students with fundamental concepts.

OBJECTIVES OF THE PROGRAM

"Say no to drugs, Say yes to life" was the theme resonating for this event. Awareness on aspects of drug abuse, rehabilitation, social aspects of drug usage, potential action plans to curb drug menace were among many issues discussed.

HIGHLIGHTS OF THE PROGRAM

The program took place at K.S.Institute of Technology, Raghuvanahalli, Bangalore on June 24, 2024. The Nasha Mukt Bharath Abhiyaan was taken over by Sister Brahmakumari Megha Deepa, CSE students, NSS program officer and NSS volunteers were present. Sister Brahmakumari Megha Deepa made the session very interactive with the students. Firstly they played a video to give an introduction about the origin of Bramhakumaris and also told about the Dadi Janki who was the Chief of Bramhakumaris.

Then she taught about the Supreme light, rajyoga to understand ourself first, to take control of our whole body. Then she told about the misuse and abuse of substances, the bad impacts of smoking, tambako, gutkha on the childerns. Then the cycle of Addiction. The major aim of the program was to create awareness about Drugs and their effects. The Nasha Mukt Bharath Abhiyan was initiated by the Government of India and conducted by the Sister Brahmakumaris. And she also taught Rajayoga Meditation to get mastery over the

senses for two minutes and at the last all of us took a pledge and ended the session.

After that the principal Dilip Kumar thanked Sister Brahmakumari Megha Deepa by giving a token of respect for conducting Nasha Mukt Abhiyaan and creating awareness among the students of KSIT about the drug addiction.







Sister Explaining about Drug Addiction



Students listening



Sister Explaining about Drug Addiction



Students listening



Students doing Rajayoga Meditation



Taking Pledge



Students taking Pledge



Principal Speech



Token of Respect from BRAHMAKUMARI ASHRAM

PROGRAM OUTCOMES:

At the end of the programme, the following PO's are attained.

NSS	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO 11	PO 12
NSS PROGRAMME						2	3		3			3

Justification of PO mapping:

- Students can able to assess societal, health, safety, legal and cultural issues and the consequent responsibilities.
- Students can able to Understand the impact of the professional engineering solutions in societal and environmental contexts, and demonstrate the knowledge of, and need for sustainable development.
- Function effectively as an individual, and as a member or leader in diverse teams, and in multidisciplinary settings.
- Recognize the need for, and have the preparation and ability to engage in independent and life-long learning in the broadest context of technological change

NSS COORDINATOR

NSS Programme Officer
K S Institute of Technology
Kanakapura Main Road
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PRINCIPAL

K.S. INSTITUTE OF TECHNOLOGY
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